

**Mental Health Association of San Mateo County**

**2686 Spring St., Redwood City, CA 94063**

# APPLICATION TO HAVE A COMMUNITY FRIEND

The Community Friend program is a social-recreational program designed to enhance your quality of life by matching you with a peer who will help you go out in the community to participate in activities of mutual interest. The goal is that you will be able to get out in the community on your own or with new friends and utilize the skills and expertise you have learned.

Print Name:

Address:

City/Zip: Phone: Date

Treatment Team:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Return this form by mail to MHA, 2686 Spring St., Redwood City, CA 94063,

Att: Georgia Peterson or by faxing to (510) 879-0354. For further information call (650) 298-9846

Please check activities below that best suit you and are comfortable for you to do with a peer.

 Visiting museums Attending sporting events

 Bingo Golf

 Art & Craft Fairs Computers

 Shopping Listening to music

 Bowling Swimming

 Dining out Reading

 Exercise/Physical fitness Doing crafts

 Going to the movies Getting a manicure/pedicure

 Going to the park or beach Chess

 Dancing Gardening

 Plays/Theater Pool/Billiards

 Cooking Trips to San Francisco or San Jose

 Other