



# MENTAL HEALTH ASSOCIATION OF SAN MATEO COUNTY

Empowering People to Create Their Best Life

2686 Spring St. Redwood City, CA 94063

[www.mhasmc.org](http://www.mhasmc.org)



## MHA launches the ARISE Program

An important aspect of supportive housing is helping clients with services outside of regular case management. Some clients need additional services in order to thrive in supportive housing. Help with meal prep, cleaning or walking a dog can make all the difference in a successful housing placement.

MHA has developed a pilot project, recruiting and matching in-home workers with our clients who need additional assistance to maintain housing. We identified five care providers along with more than 20 individuals who, without this type of support, were in danger of losing their housing in the next six months. This demonstration project has been an overwhelming success, informing us about how this will work with the larger segment of the population in need.

The program is currently under consideration for a four-year extension through MHSA Innovative Funding and we are extremely hopeful that we can launch an expanded version within the next few months.

## New Supportive Housing in Redwood City

Casa Esperanza, one of San Mateo County's HomeKey programs, officially completed rehabilitation in January, 2023 and it is expected that all 52 units will be occupied by the end of February. MHA staff are partnering with Alta Housing, the building owner and operator, to provide a range of supportive on-site services for residents including Case Management, Occupational Therapy, Information and Referral for outside services. Residents may be connected to behavioral healthcare services, healthcare services, educational programs, social and recreational activities, and financial entitlements as needed. With the help of [Life Science Cares](#) and the staff at [Rain Oncology](#), residents received Welcome Kits including linens, towels and bathmats, food and cooking supplies and basic hygiene items. We look forward to sharing pictures and stories about the difference this program, and programs like it, are making in the lives of people who have been homeless.



## EarthBreeze Partners with MHA

Did you know that laundry detergent is one of the top requested items at homeless shelters? Earth Breeze donates 10 packets of laundry sheets for every one you purchase. Visit [earthbreeze.com](http://earthbreeze.com) and mention MHA when you make your purchase!



## DONATE TODAY!

Visit [mhasmc.org/donate](http://mhasmc.org/donate) or scan this code



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### A message from Executive Director, Melissa Platte

We have started 2023 with many new activities and programs, with more to come. As you can see in this edition, we continue to expand our Community Support Services, partnering again with Alta Housing. We also have been able to develop a demonstration program to address critical housing needs to keep our clients safe in their housing. Thanks to San Mateo Rotary, Life Science Cares and our community supporters, we have been able to pilot the ARISE program which has kept 20 individuals to date in their homes and off of the streets. We look forward to being able to expand this critical service to ensure our clients don't lose their housing. We know that there are more programs and services our community needs, and MHA will continue to pursue opportunities to meet these needs in 2023 and beyond. Thank you all for your continued support. It has been instrumental in keeping our program strong.