



MHA Friendship Center November 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

26	27  RSVP  Annual MHA Holiday Party Friday, December 12 Burlingame Community Center 11am - 2pm	28	29	30	31	1
2	3	4 Daly City Movie & Popcorn  11am - 2pm	5	6 Redwood City True or False Trivia  11am - 2pm	7 CLOSED	8
9	10	11 CLOSED Veteran's Day 	12 Lunch & Wellness (Residents Only) Cedar Apts 11am	13 Redwood City Bingo & Prizes  11am - 2pm	14 Belmont  Luncheon 11am - 2pm	15
16	17	18 Daly City Guided Breathwork  11am - 2pm	19 Lunch & Wellness (Residents Only) Belmont Apts 11am	20 Redwood City Friendsgiving Lunch  11am - 2pm RSVP	21 Belmont Coloring Contest  11am - 2pm	22
23	24	25 Daly City UNO  11am - 2pm	26 Lunch & Wellness (Residents Only) Waverly Apts 11am	27 CLOSED Thanksgiving Day 	28 CLOSED Native American Heritage Day 	29
30						



MHA
Mental Health Association
of San Mateo County
Empowering People to Create Their Best Life



650.722.7385



doralys@mhasmc.org



www.mhasmc.org



MHA Friendship Center November 2025

We're having a special Friendsgiving Lunch on Thursday, November 20th at our Redwood City location. We will be serving pumpkin pie with whipped cream, and a delicious festive meal.

We hope you can join us!

RSVP for Upcoming Events

Friendsgiving Lunch @ Redwood City
Thursday, November 20

MHA Holiday Party @ Burlingame Community Center
Friday, December 12



Center Locations

DALY CITY TUESDAYS

North County Mental Health

375 89th Street
DALY CITY, CA

11am - 2pm

REDWOOD CITY THURSDAYS

Fair Oaks Commons
2nd Floor

2821 El Camino Real
REDWOOD CITY, CA

11am - 2pm

BELMONT FRIDAYS

Good Shepherd Hall

1300 5th Avenue
BELMONT, CA

11am - 2pm



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MENTAL HEALTH ASSOCIATION
OF SAN MATEO COUNTY



MHA FRIENDSHIP CENTER PRESENTS

Friendsgiving Lunch

REDWOOD CITY

THURSDAY, NOVEMBER 20

11AM TO 2PM



FAIR OAKS COMMONS
2821 EL CAMINO REAL
REDWOOD CITY, CA 94061



COFFEE | LUNCH | ACTIVITIES

RSVP REQUESTED
650.722.7385



MHA

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MHA Friendship Center Presents



MHA HOLIDAY

party

DECEMBER 12



11AM - 2PM

Burlingame Community Center (Sequoia Room)
850 Burlingame Ave.
Burlingame, CA 94010

Event Schedule

11am Doors Open

12:30pm Lunch

12pm Raffle w/ Prizes

1:30pm Gifts w/ Santa!

RSVP REQUESTED

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