



FRIENDSHIP CENTER

APRIL 2024

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
31	1 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm	2 Navigating the Internet North Fair Oaks Library 10am - 12pm	3 Tech Tutor Drop-In Half Moon Bay Library 6 - 7pm	4	5 Tech Tutor Drop-In San Carlos Library 10 - 11am	6
7	8 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm (Bring your device & tech questions!)	9 Navigating the Internet Free Class North Fair Oaks Library 10am - 12pm	10 Tech Tutor Drop-In Half Moon Bay Library (Bring questions about your phone or computer) 6- 7pm	11 <u>Friendship Center</u> Fair Oaks Commons Redwood City (2821 El Camino Real) SolMateo Luncheon 11am - 2pm	12 Tech Tutor Drop-In San Carlos Library (Bring questions about your phone or computer) 10 - 11am	13
14	15 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm (Bring your device & tech questions!)	16 <u>Friendship Center</u> North County Mental Health Daly City (375 89th Street) 11am - 2pm	17 Lunch & Wellness Belmont Apts (Residents Only) 11:00 AM Lunch & Wellness Casa Esperanza (Residents Only) 1:00 PM	18	19 Tech Tutor Drop-In San Carlos Library (Bring questions about your phone or computer) 10 - 11am	20
21	22 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm (Bring your device & tech questions!)	23 <u>Friendship Center</u> North County Mental Health Daly City (375 89th Street) 11am - 2pm	24 <u>Friendship Center</u> SF Giants Game Fee \$5 10:30am Sequoia Station *** FULL *** Waitlist Available RSVP REQUIRED	25 <u>Friendship Center</u> Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	26 Tech Tutor Drop-In San Carlos Library (Bring questions about your phone or computer) 10 - 11am	27
28	29 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm (Bring your device & tech questions!)	30 <u>Friendship Center</u> North County Mental Health Daly City (375 89th Street) 11am - 2pm				

Friendship Center Events
Free Community Events in SMC

MHA FRIENDSHIP CENTERS

Redwood City – April 11 & 25

Fair Oaks Commons
2821 El Camino Real
Redwood City, CA 94061

Daly City – April 16, 23, & 30

North County Mental Health
375 89th Street
Daly City, CA 94015

FRIENDLY CONVERSATIONS

Want to hear from one of our peer support counselors every week for a friendly conversation? Let us know and we will be happy to add you to the call list. We will then reach out every week to say hello. Simply opt in and let us know you want to join.

CONTACT US

We'd love to hear from you!

DORALY ESPINOZA

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MHA

**Mental Health Association
of San Mateo County**

Empowering People to Create Their Best Life