

FRIENDSHIP CENTER

MARCH 2024



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
Friendship Center Events Free Community Events in SMC					1	2
Upcoming: SF GIANTS BASEBALL GAME April 24 10:30am - 5pm RSVP Required					First Day of Women's History Month	Drop-In Tech Help (Bring your device & get more familiar with technology!) Belmont Library 1-3pm
3	4	5	6	7	8	9
	Tech Help Ayuda Técnica Bilingual Class North Fair Oaks Library 6 - 7pm	Basic Computer Skills Class North Fair Oaks Library 10 - 11am (Bring your device & tech questions!)	Tech Tutor Drop-In Half Moon Bay Library 6 - 7pm (Bring questions about your phone or computer)		Tech Tutor Drop-In San Carlos Library 10 - 11am (Bring questions about your phone or computer)	Drop-In Tech Help Belmont Library 1-3pm (Bring your device & get more familiar with technology!)
10	11	12	13	14	15	16
Daylight Saving Time starts	Tech Help Ayuda Técnica Bilingual Class North Fair Oaks Library 6 - 7pm	Friendship Center North County Mental Health Daly City (375 89th Street) St. Patrick's Themed Activities 11am - 2pm	Lunch & Wellness Cedar Apts (Residents Only) 11:00 AM Lunch & Wellness Casa Esperanza (Residents Only) 1:00 PM	Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) St. Patrick's Themed Activities 11am - 2pm	Tech Tutor Drop-In San Carlos Library 10 - 11am (Bring questions about your phone or computer)	Drop-In Tech Help Belmont Library 1-3pm (Bring your device & get more familiar with technology!)
17	18	19	20	21	22	23
St. Patrick's Day	Tech Help Ayuda Técnica Bilingual Class North Fair Oaks Library 6 - 7pm	Friendship Center North County Mental Health Daly City (375 89th Street) BINGO 11am - 2pm	Lunch & Wellness Belmont Apts (Residents Only) 11:00 AM Tech Tutor Drop-In Half Moon Bay Library 6 - 7pm		Tech Tutor Drop-In San Carlos Library 10 - 11am (Bring questions about your phone or computer)	Drop-In Tech Help Belmont Library 1-3pm (Bring your device & get more familiar with technology!)
24	25	26	27	28	29	30
	Tech Help Ayuda Técnica Bilingual Class North Fair Oaks Library 6 - 7pm	Basic Computer Skills Class North Fair Oaks Library 10 - 11am (Bring your device & tech questions!)	Lunch & Wellness Waverly Apts (Residents Only) 11:00 AM Tech Tutor Drop-In Half Moon Bay Library 6 - 7pm	Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) BINGO 11am - 2pm	Tech Tutor Drop-In San Carlos Library 10 - 11am (Bring questions about your phone or computer)	Drop-In Tech Help Belmont Library 1-3pm (Bring your device & get more familiar with technology!)
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Easter Sunday						

MHA FRIENDSHIP CENTERS

Redwood City – March 14th and 28th

Fair Oaks Commons
2821 El Camino Real
Redwood City, CA 94061

Daly City – March 12th and 19th

North County Mental Health
375 89th Street
Daly City, CA 94015

FRIENDLY CONVERSATIONS

Want to hear from one of our peer support counselors every week for a friendly conversation? Let us know and we will be happy to add you to the call list. We will then reach out every week to say hello. Simply opt in and let us know you want to join.

CONTACT US

We'd love to hear from you!

DORALY ESPINOZA

FRIENDSHIP CENTER PROGRAM COORDINATOR

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MHA

Mental Health Association
of San Mateo County

Empowering People to Create Their Best Life

MHA Friendship Center Presents

BASEBALL GAME DAY



**VS.
NEW YORK METS**

**WEDNESDAY, APRIL 24
MEET @ REDWOOD CITY
CALTRAIN STATION
BY 10:30 A.M.**

COST - \$5.00

Includes transportation, lunch, and
admission to the game!

Please be on time - we will not be able to wait if you're late.

*NOTE: We do not have accessible tickets and bleacher steps
will be required to make it to our seats.*

RSVP REQUIRED

650.722.7385