

# FRIENDSHIP CENTER

## JUNE 2024



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> <b>Friendship Center Events</b> </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> <b>Free Events SMC</b> </div> <p style="text-align: center;">           SF Giants Game June 12th            We are FULL for the game this month. Waitlist is available.            We will be going to another game in August. Let us know if you'd like to join!         </p>						1
2	3	4 <u>Friendship Center</u>  North County Mental Health Daly City (375 89th Street)  11am - 2pm	5	6 <u>Friendship Center</u>  Fair Oaks Commons Redwood City (2821 El Camino Real)  11am - 2pm	7	8  San Mateo County Pride Celebration  <i>Love at our Core,            Pride in 2024!</i>  San Mateo Central Park  10am - 5pm
9	10	11 <u>Friendship Center</u>  North County Mental Health Daly City (375 89th Street)  11am - 2pm	12 <u>Friendship Center</u>  SF Giants Game Fee \$5 10:30am Sequoia Caltrain Station *** FULL *** Waitlist Available  RSVP REQUIRED	13 <u>Friendship Center</u>  Fair Oaks Commons Redwood City (2821 El Camino Real)  11am - 2pm	14  Juneteenth San Mateo County Wellness Celebration  Eastside College Preparatory Academy 1041 Myrtle Street East Palo Alto  4 - 8pm	15
16  Father's Day	17	18 <u>Friendship Center</u>  North County Mental Health Daly City (375 89th Street)  11am - 2pm	19  <u>CLOSED</u>  Juneteenth	20 <u>Friendship Center</u>  Fair Oaks Commons Redwood City (2821 El Camino Real)  11am - 2pm	21	22
23	24	25 <u>Friendship Center</u>  North County Mental Health Daly City (375 89th Street) 11am - 2pm	26  Lunch & Wellness Waverly Apts (Residents Only) 11:00 AM	27 <u>Friendship Center</u>  Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	28	29
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## MHA FRIENDSHIP CENTERS

We now have weekly centers available at two locations. Our centers are a safe and inclusive space for adults 18+ living in San Mateo County. We provide socialization opportunities, educational activities, games, and prizes. All centers include coffee, snacks, and free lunch!

### TUESDAYS

North County Mental Health  
375 89<sup>th</sup> Street  
Daly City, CA 94015  
11am – 2pm

### THURSDAYS

Fair Oaks Commons Building  
2821 El Camino Real  
Redwood City, CA 94061  
11am – 2pm

## FRIENDLY CONVERSATIONS

Want to hear from one of our peer support counselors every week for a friendly conversation? Let us know and we will be happy to add you to the call list. We will then reach out every week to say hello. Simply opt in and let us know you want to join.

### **CONTACT US**

We'd love to hear from you!

**DORALY ESPINOZA**

**FRIENDSHIP CENTER PROGRAM COORDINATOR**

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**MHA**

**Mental Health Association  
of San Mateo County**

**Empowering People to Create Their Best Life**