















# MHA Friendship Center June 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2	3 <b>Daly City</b> Movie & Popcorn  11am - 2pm	4	5 <b>Redwood City</b> Trivia  11am - 2pm	6 <b>Belmont</b> Bingo & Prizes  11am - 2pm	7
8	9	10 <b>Daly City</b> Meditation Activity  11am - 2pm	11 <b>Lunch &amp; Wellness (Residents Only)</b> Cedar Apts 11am 	12 <b>Redwood City</b> Coloring Contest  11am - 2pm	13 <b>Belmont</b> Kings in the Corner  11am - 2pm	14 SMC Pride Celebration 2025  San Mateo Downtown & Central Park 10:30am - 5pm
15 Father's Day	16	17 <b>Daly City</b> <b>UNO</b>  11am - 2pm	18 <b>Lunch &amp; Wellness (Residents Only)</b> Belmont Apts 11am 	19 Juneteenth <b>CLOSED NO CENTER</b>	20 <b>CLOSED NO CENTER</b>	21
22	23	24 <b>Daly City</b> Dominoes  11am - 2pm	25 <b>Lunch &amp; Wellness (Residents Only)</b> Waverly Apts 11am 	26 <b>Redwood City</b> Board Game  11am - 2pm	27 <b>Belmont</b> Ice Cream Social  11am - 2pm	28
29	30	1	2	3	4	5



**MHA**

Mental Health Association  
of San Mateo County

Empowering People to Create Their Best Life



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www.mhasmc.org

# MHA Friendship Center

June is PRIDE Month and we invite you to join us at our centers! We will be hosting an Ice Cream Social, a variety of wellness activities, and provide a safe space to share stories and support.

We also want to highlight the San Mateo County Pride Celebration happening on Saturday, June 14.

*Parade Downtown San Mateo from 10:30am - 11:30am  
Celebration at Central Park from 11am - 5pm*

FREE Entry and Sober Event. Live entertainment, live DJ, Resource and Vendor booths, Food trucks, family-friendly activities and more!



## Center Locations

### DALY CITY Tuesdays

North County Mental Health

375 89th Street  
DALY CITY, CA

11am - 2pm

### REDWOOD CITY Thursdays

Fair Oaks Commons  
2nd Floor

2821 El Camino Real  
REDWOOD CITY, CA

11am - 2pm

### BELMONT Fridays

Good Shepherd Hall

1300 5th Avenue  
BELMONT, CA

11am - 2pm



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