

# FRIENDSHIP CENTER

## MAY 2024

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
			1	2 Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	3 Tech Tutor Drop-In San Carlos Library 10 - 11am	4
Friendship Center Events						
Free Classes SMC Libraries						
5	6 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm ( Bring your device & tech questions! )	7 Friendship Center North County Mental Health Daly City (375 89th Street) 11am - 2pm	8 Lunch & Wellness Cedar Apts (Residents Only) 11:00 AM Lunch & Wellness Casa Esperanza (Residents Only) 1:00 PM	9 Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	10 Tech Tutor Drop-In San Carlos Library ( Bring questions about your phone or computer ) 10 - 11am	11
12	13 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm ( Bring your device & tech questions! )	14 Friendship Center North County Mental Health Daly City (375 89th Street) 11am - 2pm	15 Lunch & Wellness Belmont Apts (Residents Only) 11:00 AM	16 Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	17 Tech Tutor Drop-In San Carlos Library ( Bring questions about your phone or computer ) 10 - 11am	18
19	20 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm ( Bring your device & tech questions! )	21 Friendship Center North County Mental Health Daly City (375 89th Street) 11am - 2pm	22 Lunch & Wellness Waverly Apts (Residents Only) 11:00 AM	23 Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	24 Tech Tutor Drop-In San Carlos Library ( Bring questions about your phone or computer ) 10 - 11am	25
26	27 Tech Tutor Drop-In San Carlos Library 11am - 12pm Half Moon Bay Library 12 - 1pm ( Bring your device & tech questions! )	28 Friendship Center North County Mental Health Daly City (375 89th Street) 11am - 2pm	29	30 Friendship Center Fair Oaks Commons Redwood City (2821 El Camino Real) 11am - 2pm	31 Tech Tutor Drop-In San Carlos Library ( Bring questions about your phone or computer ) 10 - 11am	

## MHA FRIENDSHIP CENTERS

We are happy to announce that we now offer weekly centers at both of our locations.  
Join us for games, activities and free lunch!

### TUESDAYS

North County Mental Health  
375 89<sup>th</sup> Street  
Daly City, CA 94015

### THURSDAYS

Fair Oaks Commons Building  
2821 El Camino Real  
Redwood City, CA 94061

## FRIENDLY CONVERSATIONS

Want to hear from one of our peer support counselors every week for a friendly conversation? Let us know and we will be happy to add you to the call list. We will then reach out every week to say hello. Simply opt in and let us know you want to join.

### **CONTACT US**

We'd love to hear from you!

**DORALY ESPINOZA**

**FRIENDSHIP CENTER PROGRAM COORDINATOR**

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**MHA**

Mental Health Association  
of San Mateo County

Empowering People to Create Their Best Life

MHA Friendship Center Presents

# **BASEBALL GAME DAY**



**VS.  
HOUSTON ASTROS**

**WEDNESDAY, JUNE 12  
MEET @ REDWOOD CITY  
CALTRAIN STATION  
10:30 A.M.**

**COST - \$5.00**

Includes transportation, lunch, and  
admission to the game!

*Please be on time - we will not be able to wait if you're late.*

*NOTE: We do not have accessible tickets and bleacher steps  
will be required to make it to our seats.*

**RSVP REQUIRED**

650.722.7385